



NYC Parks

# CITY OF NEW YORK PARKS & RECREATION SEASONAL JOB VACANCY NOTICE

**Office Title:** Shape Up NYC Fitness Instructor  
**Civil Service Title:** Recreation Supervisor  
**Civil Service Title:** Recreation Specialist  
**Civil Service Title:** Playground Associate  
**Work Location:** Citywide

**Duration/Schedule:** August 2023 to June 2024/PT  
**Salary:** \$30.82/hour\*  
**Salary:** \$23.66/hour  
**Salary:** \$19.37/hour  
**Number of Positions:** TBD

NYC Parks is the steward of more than 30,000 acres of land — 14 percent of New York City — including more than 5,000 individual properties ranging from Coney Island Beach and Central Park to community gardens and Greenstreets. We operate more than 800 athletic fields and nearly 1,000 playgrounds, 1,800 basketball courts, 550 tennis courts, 67 public pools, 51 recreational facilities, 15 nature centers, 14 golf courses, and 14 miles of beaches. We care for 1,200 monuments and 23 historic house museums. We look after 600,000 street trees, and two million more in parks. We are New York City's principal providers of recreational and athletic facilities and programs. We are home to free concerts, world-class sports events, and cultural festivals. Shape Up NYC is a free group fitness program with locations across the five boroughs. We seek Fitness Instructors for part-time positions, 4 to 5 hours per week.

## MAJOR RESPONSIBILITIES

- Under general supervision, teach a minimum of four weekly fitness classes per week. Could be outdoor, indoor, or virtual depending on the candidate.
- Class formats could include, but are not limited to: Zumba , Cardio Dance, Cardio Sculpt, Low Impact Aerobics, Kickboxing, Bootcamp, Body Conditioning, Yoga, Pilates or running groups.
- May represent Shape Up NYC at community events in order to increase awareness of and participation in Shape Up NYC.
- May travel to different locations within the five boroughs.
- Provide regular updates and reports.

## QUALIFICATION REQUIREMENTS – Recreation Supervisor

1. A baccalaureate degree from an accredited college, and two years of satisfactory, full-time experience in recreation leadership; or
2. Education and/or experience equivalent to "1" above; or
3. A satisfactory combination of education and experience equivalent to "1" or "2" above. Experience may be substituted for undergraduate education on the basis of one year of satisfactory, full-time experience equates to 30 semester credits from an accredited college or university. However, all candidates must possess at least a four-year high school diploma or its educational equivalent and at least two years of satisfactory, full-time experience as described in "1" above..

## QUALIFICATION REQUIREMENTS – Recreation Specialist

1. Three years of participation in an art, craft or other recreational pursuit as a teacher, performer, coach, official, contestant or demonstrator, including at least one year of experience in that art, craft or recreational pursuit to be performed on the job, as described below; or
2. Major study in that art, craft or other recreational pursuit to be performed on the job, as described below, acquired in a high school, college or other appropriate institution over at least a three-year period; or
3. A satisfactory equivalent combination of education and experience as described above. However, all candidates must have at least one year of experience or education in that art, craft or recreational pursuit to be performed on the job, as described below.

## QUALIFICATION REQUIREMENTS – Playground Associate

1. A four year high school diploma or its educational equivalent, and either:
  - a) Two summer seasons, or six months, of experience as an instructor, counselor or coach in an organized recreational program; or
  - b) Completion of sixty credits toward a baccalaureate degree in an accredited college; or
2. Education and/or experience equivalent to "1" above.

\*Civil Service title will depend on qualifications.

Residency in New York City, Nassau, Orange, Rockland, Suffolk, Putnam or Westchester counties required for employees with over two years of city service. New York City residency required within 90 days for all other candidates.

**Fees:** Hired candidates will be subject to a processing fee of \$40.00 to \$82.00. Hired candidates who are not currently employed by the City will be subject to an \$88.25 background check fee.

## PREFERRED SKILLS/QUALIFICATIONS

1. Personal or Group Fitness certification by American College of Sports Medicine (ACSM), American Council on Exercise (ACE), National Academy of Sports Medicine (NASM) or Aerobics and Fitness Association of America (AFAA) or degree in Sports, Physical Education, or Exercise Science.
2. CPR/AED certification, or willingness to be trained.
3. Experience leading a fitness program, with experience teaching all age groups.
4. Experience or demonstrated interest in community organizing, outreach or a related field.
5. Excellent communication, interpersonal, organizational, writing and time-management skills.
6. Experience working with the public in a community setting.

## HOW TO APPLY

To apply, submit cover letter & resume to [shapeupnyc@parks.nyc.gov](mailto:shapeupnyc@parks.nyc.gov).

**POST DATE: 08/04/2023**

**POST UNTIL: FILLED**

If you have any questions regarding this job vacancy or require a reasonable accommodation during the application process, please email: [shapeupnyc@parks.nyc.gov](mailto:shapeupnyc@parks.nyc.gov).

References will be required upon request. Only candidates selected for an interview will be contacted.

[nyc.gov/parks](http://nyc.gov/parks)

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TELECOMMUNICATIONS DEVICE FOR THE DEAF: (212) 504-4115