NYCMTB Trail Map:

NORTH WOODS MOUNTAIN BIKE TRAILS
[Cunningham Park, Queens, NY]

City of New York
Parks & Recreation

Trails adopted by CLIMB- Concerned Long Island Mountain Bicyclists. For information on how you can volunteer to help the trails, visit www.climbonline.org.

LEGEND

Less Difficult
(Relatively flat and wide. Trail surface may be loose, uneven or muddy at times. May include short, flowing singletrack sections.)

More Difficult
(Singletrack trail with small obstacles like roots and rocks. May include short steep sections.)

Most Difficult
(Steeper and tougher, with expectation of difficulty and continuous challenge.)

Experts Only
(Downhill and freeride terrain with extreme features requiring jump and drop ability. Full face helmet and body armor required)

Trail Direction
(all trails 2-way unless otherwise marked)

Note: Green- and Blue-rated trails do include optional technical trail features rated with higher difficulty levels.

Total vertical: +/- 40 feet