



APRENDIENDO DE LA TIERRA: GENEROSIDADES DE SABIDURÍA DE LOS JARDINES COMUNITARIOS

39th Annual GreenThumb GrowTogether Conference Guide

CUNY Graduate Center | April 1, 2023
GreenThumb GrowTogether en Español, p. 20

Program

Registration	8:15 a.m.–9:15 a.m.	C Level
Breakfast	8:15 a.m.–9:15 a.m.	C Level
Opening Ceremony	9:15 a.m.–10:15 a.m.	Proshansky Auditorium (C Level)
Opening Ceremony en Español	9:15 a.m.–10:15 a.m.	Back of the Proshansky Auditorium

- **Welcome:** Carlos Martinez, Director, NYC Parks GreenThumb
- **Remarks:** Karina Smith, Assistant Commissioner, NYC Parks
Iris Rodriguez-Rosa, First Deputy Commissioner, NYC Parks
- **Remarks and Land Acknowledgement:** Sue Donoghue, Commissioner, NYC Parks
- **Keynote Address:** Chief Vincent Mann, Ramapough Lenape Nation
- **T-shirt Design Contest Winner:** Natasha Osadcija

Workshop Session 1	10:30 a.m.–Noon	C Level (5th, 6th, 8th, and 9th Floors)
Lunch	Noon–1:00 p.m.	C Level
Workshop Session 2	1:00 p.m.–2:30 p.m.	C Level (5th, 6th, 8th, and 9th Floors)
Workshop Session 3	2:45 p.m.–4:15 p.m.	C Level (5th, 6th, 8th, and 9th Floors)
Exhibitors / Networking	10:30 a.m.–3:00 p.m.	Dining Commons (8th Floor)
T-shirt Pickup	11:45 a.m.–3:30 p.m.	Segal Theater (1st Floor)

CUNY Graduate Center Room Guide

Proshansky Auditorium, Rooms C201–C205, Registration	C Level
Segal Theater, Recital Hall	1st Floor
Rooms 5382, 5383, 5417	5th Floor
Rooms 6417, 6421, 6494, 6496, 6596	6th Floor
Single Occupancy and Gender Neutral Restrooms	7th Floor
Dining Commons, Rooms 8203, 8400, 8402	8th Floor
Rooms 9205–9207, Skylight Conference Room	9th Floor

Get an Interpreter for any Workshop

Stop by the registration table to ask for a Spanish language interpreter to come with you to any workshop of your choosing!

GreenThumb Youth Leadership Council Kick-off

Youth and garden leaders participating in the 2023 GreenThumb Youth Leadership Council are invited to break bread together to kick off the growing season!

Breakfast	8:15 a.m.–9:15 a.m.	Grab your breakfast and take it to room C201
Lunch	Noon–1:00 p.m.	Bring your lunch back to room C201

Where to Eat

The Concourse lobby and classrooms on the C Level (C202-205) will be open during lunch hour. Most other conference classrooms on the 6th and 8th floors will also be open for lunch seating. Please be mindful of workshop facilitators setting up for their workshops, and please throw away all trash so the classrooms are clean and ready to go for the next workshop session.

Lunchtime Activities

- Visit the networking tabling area in the Dining Commons on the 8th floor
- Pick up your conference t-shirt in the Segal Theatre on the 1st Floor (available until 3:30 p.m.)
- Attend the International Sunflower Guerrilla Gardening Day Teach-in in C202

Meditation and Prayer Room

Room 9201 (9th floor) is available for prayer and meditation. Please be respectful of this space and do not use it for private conversations, phone breaks, eating, etc.

Lactation Room

If you need private space to pump or breastfeed, please stop by the workshop facilitators registration table on the first floor near the Recital Hall and we'll get you access.

GreenThumb Table

Stop by the GreenThumb Table in the Networking area (Dining Commons, 8th Floor), where you can talk to a Community Engagement Coordinator and get all your questions answered. You can also:

- Sign up to host events at Open Garden NYC (Saturday, June 3, and Sunday, June 4)
- View digital archives from GreenThumb's 45-year history

#GTGT2023

Follow us on social media to find out about the latest workshops, events, and news at GreenThumb. Share your day at the 39th Annual GreenThumb GrowTogether Conference on social media and use #GTGT2023.



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Welcome Message from Carlos Martinez, Director, NYC Parks GreenThumb



On behalf of the entire team at NYC Parks GreenThumb, welcome to the 39th Annual GreenThumb GrowTogether Conference! Community gardeners, land stewards, and greening partner organizations from across New York City have been gathering at GrowTogether each spring since 1984 to celebrate the start of the gardening season with a day of learning, networking, and reconnecting with friends and colleagues.

For over four decades, community gardeners from all walks of life have revitalized neighborhoods and strengthened communities across the city. This year marks the 45th anniversary of what has become the largest community gardening program in the country, sustaining a network of over 550 gardens and more than 20,000 volunteers collectively caring for 100 combined acres of open space. GreenThumb takes great pride in partnering with all of you in cultivating a more livable city.

The theme of this year's GrowTogether is "*Learning from the Land: Bounties of Wisdom from Community Gardens.*" Deeply rooted in our urban landscape, community gardens are an essential social and green infrastructure – from reducing the urban heat island effect, providing ecosystem services, and increasing storm water retention to strengthening civic engagement and community building. As we face a climate emergency, the time is ripe to continue learning from these urban oases and the land warriors dedicated to their protection.

Over the last few years, we transitioned to hybrid programming reaching new audiences, but we are thrilled that you are joining us again in-person for the GrowTogether Conference. As you enjoy this full-day event filled with speakers, workshops, hands-on activities, and networking opportunities, please take a moment to say hello and reconnect with the GreenThumb staff and let us know how we can continue to support community gardening and environmental stewardship in your neighborhood.

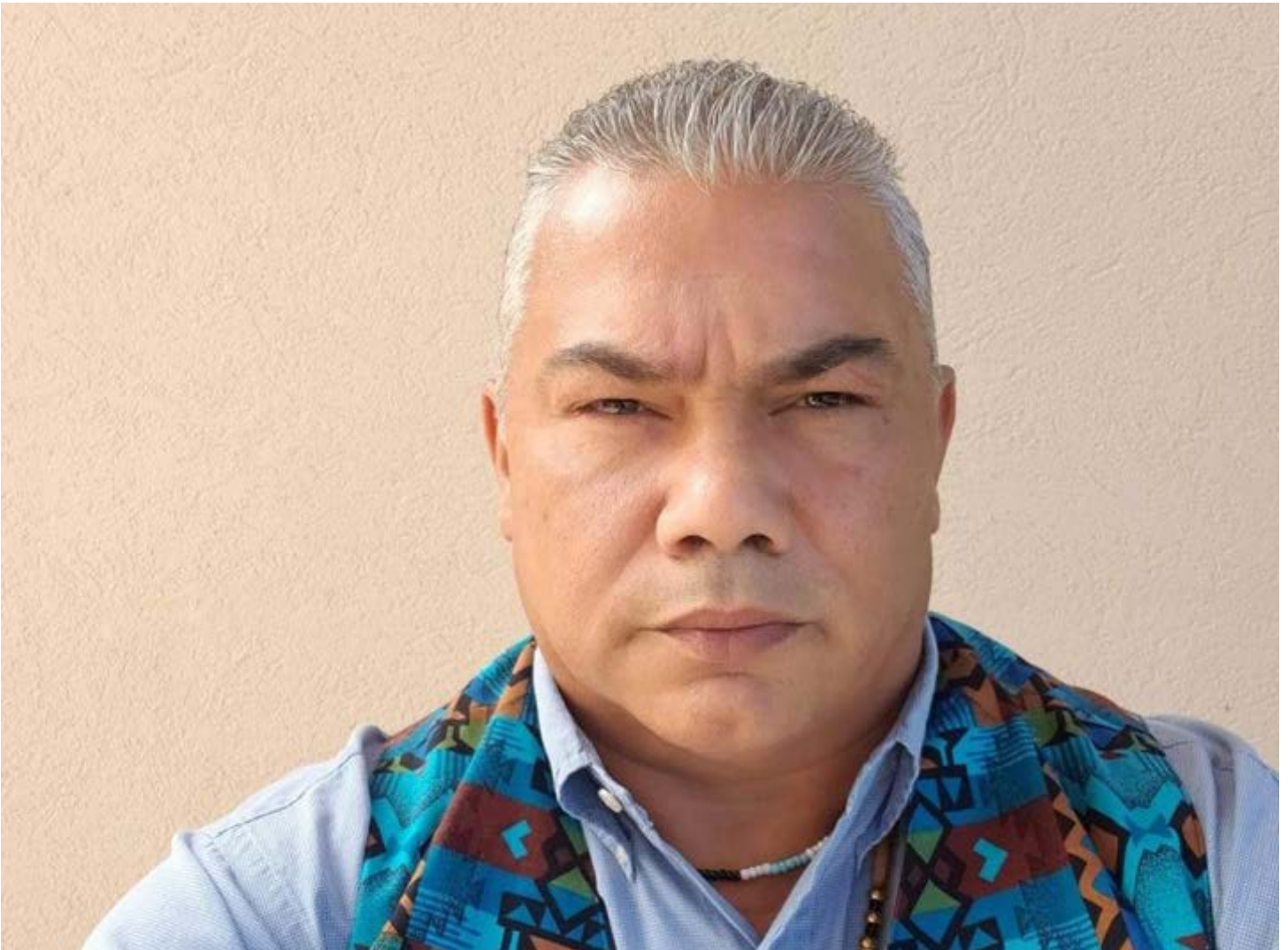
We hope that you have a wonderful time at GrowTogether, and we look forward to another bountiful gardening season - we appreciate your invaluable contributions to our city.

In solidarity,

Carlos Martinez

Director, NYC Parks GreenThumb

Keynote Speaker: Chief Vincent Mann



Chief Mann is the Turtle Clan Chief of the Ramapough Lenape Nation, which encompasses Passaic County, NJ, Warwick, and surrounding areas in New York. He has been at the forefront of the New Jersey environmental justice movement, where he has worked to protect the water supply of 4 million people and advocated for the community living in close proximity to the Ringwood mines Superfund site. He is also working on co-creating an organic farm, known as the Munsee Three Sisters Medicinal Garden, to create local jobs and, more importantly, to bring back food sovereignty to his Clan.

Photo courtesy of sasn.rutgers.edu/chief-vincent-mann

At a Glance

	Workshop Session 1 10:30 a.m.–Noon
Featured Panels	Learning from the Land: Bounties of Wisdom from Black and Indigenous Growers / Proshansky Auditorium (C Level)
Film Screenings	City Famers / Recital Hall (First Floor)
Art in the Garden	Aerobic vs Anaerobic: Ways to See the Color Blue / 9205 Create your Own Handmade Paper / C203 Make Your Own Flower Press / 6421
Cultivating Community Engagement	Garden Meditation / 8203 Gardens As Community Hubs / 6417 Green Map Making for Organizing and Activating your Community / 8402 Same/Mismo/Menm: Techniques for Translating Useful Words in your Community Garden / C202
Gardening and Horticulture	Cultivating from Cuttings / 5383 Irrigating the Community Garden / 5382 Life Cycles of the Segmented and Infamous / 6496 Plant Wonders of the African Diaspora / C201 Street Tree Care is Community Care: How Community Gardeners Can Help Their Block's Trees / 6494 Urban Chicken Keeping / 6495
Making Things with Plants and Herbs	Botanical Skin Lab / 9207 Pickles for the People / C205 The Virtues of Mugwort / 9206
Native Plants and Pollinators	Restoring Native Plants in New York City: A Community Effort / C204
Seed Track	Seed Exchange and Story Circle / Skylight Conference Room (Ninth Floor)
Soil and Composting	Composting as Reciprocity / 8400 Soil Safety in a Public Food Forest / 5417

	Workshop Session 2 1:00 p.m.–2:30 p.m.	Workshop Session 3 2:45 p.m.–4:15 p.m.
Featured Panels	Garden Legends: Get into the Weeds with the Community Gardeners who Grew a Movement / Proshansky Auditorium (C Level)	Gardening in the Age of Climate Change / Proshansky Auditorium (C Level) Getting Stuff Done: Building an Equitable & Resilient Urban Agriculture for NYC / Recital Hall (First Floor)
Film Screenings	Green Streets / Recital Hall (First Floor)	
Art in the Garden	Writing from the Land / 8402	The Handmade Nature Journal / 5382
Cultivating Community Engagement	Crowdfunding and Collaboration: 7 Years of Growing Community for NYC Green Spaces / 6417 Garden Design Principles for Supporting Student Learning / C205 Garden to Farm Pathways and Advocacy / 6494 Planning Arts Events in Community Gardens / C201 Positive Youth Development in Community Gardens: Bridging Intergenerational Connections / 8400	Bronx Gardeners Meet-up / C201 Brooklyn Gardeners Meet-up / C205 Manhattan Gardeners Meet-up / C203 Queens Gardeners Meet-up / C204 Staten Island Gardeners Meet-up / C202 Creating an Accessible Garden During the Pandemic: Lessons for the Future / 6421 Cultivating Leaders: Develop and Sustain New Leadership in your Community Garden / 6417 Engaging Youth in Gardens / 8402 Finding Your People: Building Community With Volunteers / 8400 Using iNaturalist to Empower Collective Stewardship, “Re-spect” Weeds, and Build Better Gardens / 6494
Gardening and Horticulture	Grow your own Mushrooms at Home (or in the Garden)! / C204 Rat Academy: Keep Rats Out of Your Garden! / 6495 Tomato Heaven / 5383	Highs and Lows of High Tunnels / 6495
Making Things with Plants and Herbs	Create your own Mint Shower Steamer / C202 How to Make Soap from Scratch with Herbs Grown in your Garden / 9207 Leaning into Spring Awakening with Bioregional Herbalism / 9206 Leaning into the Movement of Spring with Herbal Support / C203 Nature’s Buffet: Recipes for Micro- and Macro-organisms (3 HOURS) / 9205 Nature in a Teacup / 8203	Herbs for Stress Relief: Gardeners Edition / 5383 Introduction to Herbalism / 9207 Soap Making 101 / 9206
Native Plants and Pollinators	Design and Develop Your Garden To Create Pollinator Habitat with Butterfly Project NYC / 6496	Native Seed Production in NYC with the Greenbelt Native Plant Center / 5417
Seed Track	Seed Saving 101: For the Emerging Present / Skylight Conference Room (Ninth Floor)	Saving Seeds in the City / Skylight Conference Room (Ninth Floor)
Soil and Composting	Constructed Soils for Urban Agriculture and Beyond / 5417 Curbside Composting in NYC / 5382 Dig in to Vermicomposting / 6421	Food, Composting, and the Human Gut / 8203 HotBox Composting / 6496

Workshop Session 1:

10:30 a.m.–Noon

Featured Panel

Learning from the Land: Bounties of Wisdom from Black and Indigenous Growers / Proshansky Auditorium (C Level)

Practices like seed saving, maintaining diverse and resilient crops, and growing with agroecological and restorative values are rooted in Black and Indigenous farming practices. This year's GrowTogether theme of "Learning from the Land: Bounties of Wisdom from Community Gardens" is a recognition and celebration of the work community gardeners do to foster community amongst their neighbors and a reflection of GreenThumb's commitment to deepening support for Black and Indigenous growers in NYC. Panelists will discuss planting the crops of their ancestors, holding space for communities to gather, and why they do this work with the land.

Moderator: Maya Marie S. (Deep Routes)

Panelists:

- Alexx Cáceres (ENY Youth Farm)
- Danny Chervoni (Friends of Brook Park Community Garden)
- Heather Warren-Dombrowa (Bissel Gardens)
- Kofi Thomas (Good Life Garden)

Film Screening

City Farmers / Recital Hall (First Floor)

Meryl Joseph (Producer and Director, City Farmers)

City Farmers (1996) takes a deep and startling look at the community gardening movement in the city. In this collective narrative, the gardeners share stories about life on both sides of the garden fence, from the struggle to remove drug dealers and gangs, to the success of the gardens providing food for the community, as well as empowering and educating neighborhood children. As the gardeners tend their rows, they remember childhood days on farms down South, in Italy or Puerto Rico, while others, who've known only pavement under their feet, find new directions for their futures. *City Farmers* pays tribute to New York City's pioneering, intrepid gardeners of the 20th century, whose gentle, green revolution ignited the city's landscape and brought about major healing and much needed change.

Film will be followed by a Q & A with the filmmaker.

Art in the Garden

Aerobic vs. Anaerobic:

Ways to See the Color Blue / 9205

Sofia van Leeuwen (Prospect Heights Community Farm)

Anaerobic reduction of woad (*isatis tinctoria*) releases indigo, which turns blue with oxygen. We will use aerobic and anaerobic dye processes as a mode for thinking about art, ecology, and dyeing fiber. Participants will learn how to create a woad vat, dye fiber, and take home a handmade tapestry loom to finish weaving at their leisure.

Create your Own Handmade Paper / C203

Nancy Benignus (Community crafting instructor and Bean Morris Garden)

In this workshop you will learn to make handmade paper using shredded office paper, embellished and enhanced with dried flowers, seeds, and other botanicals. The process is easy to learn, does not require expensive supplies, and can be made outdoors in the garden. It is an art enjoyed by both children and adults, making it a great idea for an intergenerational workshop. Come and learn, and then teach the rest of your garden.

Make Your Own Flower Press / 6421

Elena D'Amanda and Marisa DeDominicis (Earth Matter NY)

Capture and preserve the ephemeral nature of a beautiful flower or your favorite garden plant. We'll teach you to make your own take-home flower press and help you select flora from Earth Matter's Soil Start Farm to begin creating your own library (herbarium) of plants and flowers that will delight you forever.

Cultivating Community Engagement

Garden Meditation / 8203

Dr. Eileen J. Ain (LaGuardia Corner Community Garden)

Meditating in a garden brings new perspectives and depth to daily life. During this session you are invited to learn the history of meditation and breathing practices inherent in meditation. Following our meditation session and if participants are comfortable, there is an opportunity to share your gardening associations through spontaneous and/or written narrative. We welcome all levels of practice.

Gardens As Community Hubs / 6417

Chantel Kemp, DK Kinard, Laura Casaregola, Jinky Nogales, and Colleen Graves (GrowNYC Education)

Learn the steps and approaches to fostering genuine community at your community or school garden, drawing from the experience of NYCHA community garden founders Chantel Kemp and DK Kinard. We'll explore how to integrate the garden with the neighborhood so folks view it as an active resource for food justice, intergenerational learning, and communal resilience.

Green Map Making for Organizing and Activating your Community / 8402

Wendy Brawer (Green Map System and Siempre Verde)

Introducing an accessible, exciting way to promote all kinds of local sustainability projects! Organize a team, then make and share a community Green Map. You might want to chart your garden's features and nearby green space, map a coalition of community gardens in your neighborhood, team up with elders to map treasured cultural heritage sites, or work intergenerationally to highlight environmental and climate justice—so much is possible! Green Map's platform (for online maps), design tools (for print maps), and icons are free to use non-commercially. Be inspired by local Green Maps made around the world, strategize, and build skills for success. Take part in this global movement and help activate NYC!

Same/Mismo/Menm: Techniques for Translating Useful Words in your Community Garden / C202

Paul Joseph, Zachary Tan Strein, and Anissa Zibo (Wyckoff House Museum)

A guided conversation for growers and farmers to effectively communicate with local communities by centralizing the use of different languages names for crops, tools, and processes. We'll discuss colloquial terms, challenges when dealing with direct translations, and how one can overcome them. One can use this conversation to guide their organizations to be more community oriented and food justice based. Specific languages covered in our discussion will be dependent on the participants in the conversation and what knowledge we collectively contribute to it. We will collect and record the language translation information provided by gardeners present for the conversation and follow up after the conference via email with a garden language "dictionary" resource that can be used for reference purposes.

Gardening and Horticulture

Cultivating from Cuttings / 5383

Nick Storrs (Homegrown Nurseries)

Learn how to propagate plants through cuttings and discover the biology behind it! Join us as we explore methods for taking and rooting successful cuttings, and even practice doing stem cuttings to take home. Enhance your gardening skills and expand your plant collection by understanding the art of growing new plants from leaves, stems, and roots.

Irrigating the Community Garden / 5382

Vipin Bharathan (West 123 Street Community Garden)

Learn how to create a plan, buy supplies, and hook up a drip irrigation system for your community garden. The system installed in the West 123rd Street Community Garden will be used as an example. The system needs water under pressure from a fire hydrant or from a city water supply. The system can be controlled by a timer if the water source is internal in the garden.

Life Cycles of the Segmented and Infamous / 6496

Sam Anderson (Cornell Cooperative Extension)
and Saara Nafici (Red Hook Farms)

Do you have strong opinions about which bugs you like and don't like in your garden? Join two people who also have strong opinions for an educational and participatory rant about some of the most interesting, wonderful, and despicable arthropods we encountered last year. Participants will learn how to identify some of the most important and/or most mysterious arthropods of NYC farms and gardens, where to find them, their life cycles, and their predators (or prey). For the pests, we'll touch on ways to manage their presence, but the emphasis here is more about getting to know these helpful/unhelpful/otherwise-interesting arthropods and understanding how they operate.

Plant Wonders of the African Diaspora / C201

Kimberly Curtis (Howard Garden and By Our Hands)

In this workshop we'll highlight three high-yield crops with amazing nutritional value from the African diaspora, such as lab lab and luffa. We'll learn how to save these heirloom seeds, discuss their ideal growing practices, and take some to grow on our own.

Street Tree Care is Community Care: How Community Gardeners Can Help Their Block's Trees / 6494

Nina Browne (Brooklyn Botanic Garden)

Street trees do so much to improve our environment and they bring people together. Yet how much support and care do the ones outside the gates of your community garden receive? Learn simple, time-saving practices for improving the health and resilience of your block's trees. We'll discuss everything from tree guards and watering to dogs and low-maintenance plantings. You'll leave prepared to give your garden's streetscape a horticulturally sound makeover that avoids the common "pit"-falls of street tree bed gardening. Bring your questions and take home some seeds to try!

Urban Chicken Keeping / 6495

Gina Carolina Prieto (Urban Farmer and Chicken Keeper)

Keeping chickens adds many benefits to our community gardens. In this workshop we will learn the basics of keeping a flock of chickens, including how to know if chickens are right for you, how to care for chicks, how to shelter chickens, what to feed chickens, and common problems you might face.

Making Things with Plants and Herbs

Botanical Skin Lab / 9207

Gioya DeSouza-Fennelly and Sabrina Fennelly
(Herbal skin care educators)

Caring for your skin is necessary for both your overall health and diminishing signs of aging, but with so many new products and wild beauty trends popping up everywhere, finding a simple herbal skincare routine, let alone sticking to it, seems near impossible. Natural skin care products do not contain chemicals or synthetic ingredients. They may also include more environmentally friendly herbs, many of which can be found in your garden and kitchen! Participants will learn recipes and receive samples to try at home, while supplies last.

Pickles for the People / C205

Taja D. (The Prodigy House Project)

Most of us love a good pickle and find out in life that all pickles are not created equal. In this workshop not only are you able to create a brine that suits your taste, but you will create a personal pickle recipe as you go. Participants in this "Prodigy Pickle Project" workshop will take home a small jar of their own creations.

The Virtues of Mugwort / 9206

Sung Kim and Raymond Pultinas

(James Baldwin Outdoor Learning Center)

In most of the United States, mugwort is a well known but highly despised invasive plant mostly famous for its difficulty to eradicate. Elsewhere in the world, however, it is known as a valuable medicinal plant. In Korea, it is one of the most beloved wild plants, typically dried for winter usage and sold in markets. At Meg's Garden, we have learned to manage mugwort in ways that enable us to keep harvesting it until early winter. We consider it a treasure. In the workshop, we share our appreciation and love for this virtuous plant and knowledge on how to best utilize it for its healing properties. Participants will get to sample mugwort tea and other goodies, and make their own mugwort products to take home.

Native Plants and Pollinators

Restoring Native Plants in New York City: A Community Effort / C204

Emily Dickinson and Jessica Kaplan (Madison Square Park Conservancy)

Madison Square Park Conservancy staff manage an effort to support local wildlife by planting and protecting native plants. Staff prioritizes the planting of native species when an area needs redesigning or plants age out in the park. This also allows the team to monitor the plants' impact and encourages NYC residents, professional land managers, and home gardeners to plant species with the most significant ecological impact. In this workshop, presenters will walk participants through the Conservancy's Guide to Restoring Native Plants in NYC, explain the species supported by native plants, and share success stories that their team has made happen in Madison Square Park. Participants will identify native plants that can work in their unique outdoor spaces.

Seed Track

Seed Exchange and Story Circle / Skylight Conference Room (9th Floor)

lex barlowe (Seedkeeper)

Join us to exchange seeds, along with sharing the stories that these seeds carry with them. This is a participatory session for people who have seeds to share—seeds that you yourself have grown in recent seasons. Please come ready to share the stories of these seeds with us, as much as you are able, and to listen deeply to the stories of others.

Stories may include: where do these seeds come from? Who do they come from? Why did you choose to grow and save them? How do you care for them?

What is important for others to know in caring for them?

We will spend most of our time in the circle and have time toward the end to exchange with each other. This is not the place to bring as many seeds as you can, but rather to intentionally bring specific seeds you have grown that feel most meaningful to you and most appropriate to share.

Soil and Composting

Composting as Reciprocity / 8400

Echo Hertzberg (Queens Botanical Garden)

A walkthrough of the science behind composting, its role in soil remediation and food production, and composting as an act of reciprocity, gratitude, and gift giving toward the land. This workshop will cover the basics of composting, soil science, agroecological principles, and closed-loop systems.

Soil Safety in a Public Food Forest / Room 5417

Nathan Hunter (Bronx River Alliance) and Dr. Perl Egendorf (NYC Compost Project hosted by Earth Matter NY)

How does a public food forest in an industrial corridor ensure safety for guided public foraging? Follow along with the Bronx River Foodway team as they share their experience learning about historic contaminants in urban soils and how important it is to follow best management practices to stay safe.

Lunchtime Workshop:

12:15 p.m.–12:45 p.m.

International Sunflower Guerrilla Gardening Day teach-in (C202)

Gil Lopez (Smiling Hogshead Ranch and Green Guerillas)

Many of the community gardens we see today were started with “seed bombs” packed with fertilizer, seed, and water. On May 1st, guerrilla gardeners will plant sunflower seeds in cities and towns across the northern hemisphere. Come learn how Green Guerillas can support your participation in this day of action and how your garden can host seed packing parties and seed distribution events leading up to May Day. Bring your lunch for a short presentation and hands-on activity.

Workshop Session 2:

1:00 p.m.–2:30 p.m

Featured Panel

Garden Legends: Get into the Weeds with the Community Gardeners who Grew a Movement / Proshansky Auditorium (C Level)

Hear from the community gardeners who were there from the beginning, cleaning up vacant lots and turning them into the community spaces we know and love today. GreenThumb invites longtime gardeners to share their stories, histories, and what keeps them going.

Moderator: Nancy Ortiz-Surun (La Finca Del Sur and South Bronx Farmers)

Panelists:

- Cindy Nibbelink-Worley (Joseph Daniel Wilson Memorial Garden, Manhattan)
- Ena McPherson (Tranquility Farm and T&T Vernon Community Garden, Brooklyn)
- Shana Gladden (Dunton Community Garden, Queens)
- Zonia Ortiz (La Isla Youth Community Garden, Bronx)

Film Screening

Green Streets / Recital Hall (First Floor)

Maria J. DeLuca (Filmmaker, Green Streets)

This award-winning film visits 35 community gardens in the '70's and '80's in all five boroughs. Shown to enthusiastic audiences in 15 countries, in festivals, and on U.S. national TV, *Green Streets* explores all aspects of community gardening through the filmmaker's interviews with socioeconomically and racially diverse gardeners and garden leaders. Experience the early decades of community gardening in NYC, how these gardens can teach us about today, and how they inspire us for tomorrow, in this tumultuous world where nature is fighting for its balance to survive.

Film will be followed by a Q & A with the filmmaker.

Art in the Garden

Writing from the Land / 8402

Regina Bernard, Ph.D. (Associate Professor of Youth Studies at the School of Professional Studies, City University of New York and Editor of Sunday Custard Literary Journal) and Molly Riggs (Assistant Editor of Sunday Custard Literary Journal)

This workshop will encourage and inspire urban farmers, gardeners and activists to recall their work on the land and how it inspires their storytelling. Together we will read a short excerpt on ontological relationships between farming, gardening, and knowledge of how to plant and grow and then reflect in our own pieces that we compose together during the workshop. Participants in this workshop will be invited to submit their edited pieces for publication in the Sunday Custard Literary Journal and to narrate them for our upcoming podcast.

Cultivating Community Engagement

Crowdfunding and Collaboration: 7 Years of Growing Community for NYC Green Spaces / 6417

Fareen Islam (Partnerships for Parks) and Amanda Rodriguez (ioby)

Over 60 green space projects have expanded their community-driven funding through a unique program with Partnerships for Parks' Crowdfunding Challenge. Participants build skills to raise community donations for new projects in their community gardens.

Partnerships for Parks doubles donations to approved participants to incentivize community participation in civic philanthropy, and expand on environmental justice, funding access, and resident leadership initiatives. Join us to learn from a panel of garden leaders who will speak to the skills and relationships that they've grown through practicing crowdfunding skills with this match program. Our partners at ioby.org/PFP will join us to speak to civic crowdfunding strategy.

Garden Design Principles for Supporting Student Learning / C205

Adam Walker (The Battery Conservancy)

Gain concrete ideas for simple changes to your garden site that will improve accessibility, simplify group management, and help students of all ages engage with the space in self-directed ways. Applicable to both school gardens and community gardens.

Garden to Farm Pathways and Advocacy / 6494

Farm School NYC and Christopher Wills (Farm Service Agency)

Farm School NYC (FSNYC) is working to increase access for urban growers to access programs provided by the Farm Service Agency (FSA). In this workshop an FSA representative will explain their role, provide a high level overview of the programs that are most relevant to urban growers, and highlight pathways for involvement in FSA activities and decision making. We will have a Q&A with FSA, a member of the current FSA Urban County Committee in NYC, and FSNYC alumni or staff. This workshop invites participants to understand resources available for a garden to farm pathway and the avenues available to support them in the process.

Planning Arts Events in Community Gardens / C201

Robin Schatell (Mov!ng Culture Projects)

What is an arts event? How can you hold one in your garden? Let's review your ideas and plans. We'll discuss why to have an arts event, when to have the event, how long it should last, who should be involved, what are the event logistics, what success can look like, and what issues to be prepared for.

Positive Youth Development in Community Gardens: Bridging Intergenerational Connections / 8400

Claudia Urdanivia (Hudson County 4-H Youth Development - Rutgers Cooperative Extension)

Community gardens are incredible resources for youth to learn life skills, serve their community, and develop relationships with their peers and caring adults. The Youth Urban Farm Club program coordinated by Hudson County 4-H in partnership with community gardens throughout Hudson County utilizes the framework of positive youth development to create engaging informal education programming where youth learn by doing. This workshop will share lessons learned from this program and provide tools on how community garden groups can create a successful garden program for youth.

Gardening and Horticulture

Grow your own Mushrooms at Home (or in the Garden)! / C204

Corey Blant (New York Restoration Project)

Join NYRP's Urban Agriculture Team to learn about different ways to grow edible mushrooms in a community garden (or even under your kitchen sink!). This hands on workshop will include a brief overview of the culture and science of growing mushrooms (Mycology 101) followed by a hands on activity where each participant will have the chance to create their own mushroom cultivation systems to take home.

Rat Academy:

Keep Rats Out of Your Garden! / 6495

Martha Vernazza, Sarah Webster, and Carmen Negrón (NYC Department of Health)

This workshop aims to introduce and detail methods by which to exclude rats from our living spaces and to reduce their access to the byproducts of our lives, which include community gardens. We will share integrated pest management techniques and provide an overview of traps, baits, and other control measures like Burrow Rx and dry ice (carbon dioxide). Other topics encompass rat biology facts, behavioral tendencies and proclivities, and the telltale signs of their presence. Participants will also learn about gardening and composting styles that do not invite or support rat activity and infestation.

Tomato Heaven / 5383

Maureen O'Brien (6/15 Green Community Garden) and Linda F. Viney (Fred McCleod Community Garden)

Cherokee Purple, Brandywine Slicing, Amish Paste, and Black Cherry are just a few of the amazing variety of tomatoes that grow successfully in New York City. Learn hands-on how to successfully start your own tomato seeds.

Making Things with Plants and Herbs

Create your own Mint Shower Steamer / C202

Marshalla Ramos-Inde (Patchen Community Square Garden and Bubbly Moon Naturals)

Learn to create your own shower steamer using local mint and/or essential oils. Shower steamers are a great alternative to bath bombs as the steam from your shower releases the scent. We'll go through the properties of each ingredient and the aromatherapy essential oil benefits as each participant makes their own mint shower steamer to take home.

How to Make Soap from Scratch Using Herbs Grown in your Garden / 9207

Leslie Costa (A Continual Unfolding)

Learn the basics of soap making as our ancestors did. Participants will learn the math behind creating their own soap recipe, discuss strategies for adding some of the herbs and herb flowers that they grow, and make a small bar of soap to take home.

Leaning into Spring Awakening with Bioregional Herbalism / 9206

J Wortham (Herbalist, The New York Times Magazine, and co-host of the podcast "Still Processing,") and Arvolyn Hill (Herbalist, Manager of the Everett Children's Adventure at the New York Botanical Garden and member Robert L. Clinkscales Community Garden)

Learn to work with herbs based on the seasonality of the year that are local to your bioregional area. This method of herbalism asks gardeners, growers, and herbalists to pay attention to what is happening in the present moment. Join Herbalist Arvolyn Hill and J. Wortham as they share tips for working with herbs based on the season and what's locally available. At the end of this workshop attendees will be able to make their own spring tonic.

Leaning into the Movement of Spring with Herbal Support / C203

Simone Davis (Sacred Vibes Apothecary) and Angelica Vargas (Herbal Underground)

This workshop offers insight into ways we can support the body and mind through ritual and medicinal plants as we transition into spring. We will have a hands-on opportunity to craft oxymels (vinegar/honey-based herbal extraction) and discuss common imbalances associated with springtime along with ways to encourage wellbeing as we emerge from winter. Themes to be explored include liver and lymphatic support, spring allergies, and demystifying the detox mentality.

Nature's Buffet: Recipes for Micro- and Macro-organisms / 9205

Jae Youn Lee, Natalie Peart, Bernadette Mitchell, Yahya Sigidi, Barbara Ausburger, Viviana Niebylski, and E. Shig Matsukawa (Phoenix Community Garden and Down to Earth Community Garden)

Nature's buffet and catering for the whole crowd! This three-hour session will cover recipes for everything from compost to bokashi, from kimchi to herbal teas and tonics. In this workshop, we will learn how to combine ingredients in simple ways to feed micro and macro organisms in our stomachs, on our skins, and in our soil. We can find beauty, joy, and well-being through feeding and healing the macro- and microorganisms inside and outside our bodies

This three-hour workshop will run for both Session 2 and Session 3, ending at 4:00 p.m.

Nature in a Teacup / 8203

Wenting Zhang and Enmy Uribe (Tea Arts & Culture)

A good cup of tea can bring us to nature. This workshop will tickle the mind of the participants to see the amazing world of nature from one single plant's perspective—tea. More than ever, we need to ground ourselves to reflect on how we can move forward and how to make sustainable changes. Experience tea together through a multi-sensory mindful experience where we will drink tea, slow down, and connect with our own senses. Learn the basic vocabulary for tea tasting, the basics of tea brewing, and processing techniques.

Native Plants and Pollinators

Design your Garden to Create Pollinator Habitat / 6496

Ursula Chanse (Bronx Green-Up of The New York Botanical Garden, Butterfly Project NYC), Chrissy Word (City Parks Foundation, NYC Pollinator Working Group and Butterfly Project NYC), and Dina Garcia (New Roots Community Farm, Butterfly Project NYC)

Focusing on the capacity of community gardens to provide habitat for beneficial insects, learn and discuss elements of design, habitat requirements, and options for native plants for an effective pollinator garden. Participants will enjoy a brief overview of pollinators in NYC, learn design tips for structuring a pollinator garden with horticultural and habitat recommendations, and see examples of successful pollinator gardens.

Seed Track

Seed Saving 101: For the Emerging Present / Skylight Conference Room (9th Floor)

Nawi K. Flores (Urban Agriculture Educator & Scientist)

Save seeds from this year's fruits, veggies, and herbs to plant next season and year again. Learn basic techniques for saving seeds using both wet and dry techniques. We'll discuss planning, timing, storage, and more.

Soil and Composting

Constructed Soils for Urban Agriculture and Beyond / 5417

Dr. Zhongqi (Joshua) Cheng (Brooklyn College) and Dr. Sara Perl Egendorf (NYC Compost Project hosted by Earth Matter NY)

One of the constraints for expanding urban agriculture is the availability of clean soils. As many soils contain varying levels of contaminants such as lead, it is important to use clean soils to build beds to reduce the health risk. The NYC Clean Soil Bank has an abundant supply of clean sediments, which can be mixed with compost to generate constructed soils. We had experimented with these constructed soils for food growing and tree planting in the city, with very promising results.

Curbside Composting in NYC / 5382

Kelly McCabe and Vivian Carter (Big Reuse in partnership with DSNY)

Join the Curbside Composting outreach associates for an afternoon chat about the citywide curbside announcement, current composting options for community gardens, and ways to help spread awareness in your communities.

Dig in to Vermicomposting / 6421

Chloe Hirschhorn, Eve Brown, and Aubrey Santistevan (GrowNYC)

Meet the worms! In this workshop, we will demonstrate how to build your own worm bin. You will learn how to source materials and understand basic maintenance to keep worms happy, including how to feed and how to create an ideal environment. Lastly, participants will learn how to introduce the worm bin to students of all ages. This will be a hands-on activity with a live worm bin demonstration!

Workshop Session 3:

2:45 p.m.–4:15 p.m.

Featured Panels

Gardening in the Age of Climate Change / Proshansky Auditorium (C Level)

Climate change is one of the most pressing issues of our time. Learn about the role that community gardens play in addressing climate change through biodiversity and sustainable gardening practices. Hear from community gardeners and local partners about ways that your community garden can introduce design principles, green infrastructure, native plants, and other strategies to enhance climate resiliency.

Moderator: Council Member Shekar Krishnan (Parks Committee Chair, NYC City Council)

Panelists:

- Rachel Garber Cole (Artist, *The Warmest Years on Record: An Oral History*)
- Jackson Gilkey (La Plaza Cultural-Armando Perez)
- Ray Pang (462 Halsey Community Farm)

Getting Stuff Done: Building an Equitable & Resilient Urban Agriculture for NYC / Recital Hall (First Floor)

There exists a significant history of urban agriculture, land stewardship, and community power in NYC, yet the city has never had a comprehensive urban agriculture plan. The creation of the Mayor's Office of Urban Agriculture and its mandate to develop one offers the administration—and community—the chance to figure out what it would take to build a bold, resilient, and equitable plan. Join NYC Urban Agriculture Director Qiana Mickie, NYC Parks GreenThumb Director Carlos Martinez, and other urban agricultural government leadership to hear our efforts to identify and address gaps, opportunities, and solutions in our urban agriculture landscape and share how community can help inform and shape the city's first urban agriculture plan.

Moderator: Qiana Mickie, Director (Mayor's Office of Urban Agriculture)

Panelists:

- Carlos Martinez, Director (NYC Parks GreenThumb)
- Blake Glover, State Conservationist, (United States Department of Agriculture Natural Resources Conservation Service (USDA NRCS))
- Caitlyn McFadden, Urban Agricultural Education FFA Specialist (College of Agriculture and Life Sciences)

Art in the Garden

The Handmade Nature Journal / 5382

Lori Kent (Vamos a Sembrar)

Gardens change throughout the seasons. There are nature's cycles and a metaphoric garden of memories and folk knowledge. This workshop guides participants through journal making and offers ways to fill the pages with a record of gardening experiences. Binding, stamping, folding, cutting, and design using natural and upcycled materials offer each participant the opportunity to create a unique garden journal.

Cultivating Community Engagement

Borough Meet-ups for Community Gardeners

Connect with fellow community garden members in your borough! In these networking meet-ups, GreenThumb Community Engagement Coordinators will facilitate introductions, resource sharing, and mutual support efforts. Join in to let your borough know what your community garden needs and what it can offer.

- **Bronx Gardeners Meet-up / C201**
Tenisha Morrison and Ijendu Obasi (NYC Parks GreenThumb)
- **Staten Island Gardeners Meet-up / C202**
Vanessa Cabrera (NYC Parks GreenThumb)
- **Manhattan Gardeners Meet-up / C203**
Alex Munoz, Lillian Reyes, and Cynthia Guerra (NYC Parks GreenThumb)
- **Queens Gardeners Meet-up / C204**
Erinn White (NYC Parks GreenThumb)
- **Brooklyn Gardeners Meet-up / C205**
Gregory Anderson, Eric Thomann, K.C. Alvey, and Bill Pape (NYC Parks GreenThumb)

Engaging Youth in Gardens / 8402

Janaira Ramirez, Ivan Iciano, Zoey Tagoe, Jacob Taveras, Annelisse Mendez, and Satnam Chaundhary (The Brotherhood SisterSol and Frank White Memorial Garden)

How do we engage and keep the young people enrolled in our programs? We will answer this question together with the help of the young people presenting this workshop. This workshop is for teachers, youth facilitators, and gardeners looking to recruit and keep young people, other youth leaders, and anyone looking to engage youth to programs, projects, or spaces.

Creating an Accessible Garden During the Pandemic: Lessons for the Future / 6421

Carrie Banks (Inclusive Services at Brooklyn Public Library) and Julie Zimmerman (Brooklyn Public Library)

Brooklyn Public Library's Washington Irving branch created an inclusive garden in the middle of the pandemic, bringing community members together in a safe, outdoor space on the East New York/Bushwick border. It became a community anchor. Unhoused people stopped by for food, finicky toddlers grew and ate mint, school-age children picked their own salads and ate them enthusiastically. Join us on our journey and learn how adaptable gardening really is! Create gardens for people with and without disabilities in any environment. Bring communities together to address their needs. Leave with a checklist for including all community members. Let's grow together!

Cultivating Leaders: Develop and Sustain New Leadership in your Community Garden / 6417

Chelsea Watson (Climate justice organizer and Warren St. Marks Community Garden)

Leadership is key to the success of any community garden. Leaders keep garden projects moving, solve problems, facilitate decision-making, and sustain engagement from garden members. However, too often we hope that leaders will just appear overnight. Instead, we should develop a practice of coaching and mentoring garden members so that they may grow into leadership roles. Through coaching, knowledge and experience can be passed on, members can become leaders, and responsibilities can be shared equitably. In this workshop, we will develop the skills required for effective leadership development, try on specific models of coaching, and practice with each other!

Finding Your People:

Building Community With Volunteers / 8400

Jimmie Costello and Kyleen Sanchez (NYC Compost Project Hosted by the LES Ecology Center)

The NYC Compost Project Hosted by the Lower East Side Ecology Center will share best practices for building and retaining your group's core team and volunteers. We will share stories of how Manhattan-based community composting sites used community programming to grow their teams. Workshop participants will learn about resources and best practices they can use to find long-lasting success building community and growing their garden groups.

Using iNaturalist to Empower Collective Stewardship, "Re-spect" Weeds, and Build Better Gardens / 6494

Tohmi Barrett (The New York Botanical Garden - EcoFlora Project), Chris Kreussling (NYC Pollinator Working Group - Steering Committee Member)

Community gardens have a huge impact on the health of our urban communities. How can we expand their value to contribute to a more ecologically sustainable future? In this workshop we will discuss the importance of local, non-cultivated plants, how to identify them, how they can be incorporated into our gardens, and why we must re-spect (look again at) weeds as potentially important, remnant species worthy of protection and nurturement. iNaturalist is a community/citizen science platform where anyone can record their observations—photos or audio recordings—of any living thing anywhere in the world. Community gardeners and visitors can use iNaturalist to document and keep records about their gardens, such as flowering and fruiting times; identify and keep track of common weeds; and identify insect visitors, whether pests, predators, or pollinators.

We encourage people planning to attend this workshop to download the iNaturalist app on to their phones in advance. Everyone is welcome to participate or observe either way.

Gardening and Horticulture

Highs and Lows of High Tunnels / 6495

Claudia Navas, Cyn Medina, and Rayland Van Blake (Farm School NYC)

Growing in transparent tunnels is an ancient practice that extends the growing season, lowers soil erosion, reduces certain pest pressure, improves plant and soil quality, and offers more abundant locally grown, culturally relevant produce to communities that need it most. Find out what materials, tools, and resources you need, including grants that can help cover your costs.

Making Things with Plants and Herbs

Herbs for Stress Relief: Gardeners Edition / 5382

Emilyn Sosa (Folk Mondaze)

Together we will explore the spiritual and medicinal aspects of herbs that can support gardeners and their work in the garden. We will focus on what herbs can teach us about ourselves, our relationship to work, and how we can better manage gardening work-related stress through everyday herbal preparations.

Introduction to Herbalism / 9207

Noreen Kelly (La Plaza Cultural-Armando Perez)

This workshop will provide a basic overview of herbalism, concentrating on folklore, traditional uses, and modern science. We will discuss the basics of plant identification and how to make teas, tinctures, and salves for home use. Participants will make their own herbal tea blend to take home.

Soap Making 101 / Room 9206

Marcia Denson (Phoenix Community Garden)

Make your own soap using an easy melt-and-pour method with herbs and flowers from your garden. This workshop is the ultimate guide to making colorful natural soaps. Participants will take home their own bar of herbal soap.

Native Plants and Pollinators

Native Seed Production in NYC with the Greenbelt Native Plant Center / 5417

Seth August and Sam Bachert (Greenbelt Native Plant Center)

The Greenbelt Native Plant Center (GNPC) is a city-run nursery that provides native plants for projects in New York City. The Seed Increase Program (SIP) at GNPC farms seed for distribution to restoration and community-centered projects around the city. For this workshop, join SIP staff to learn how different species travel by seed from wild population to farm increase plot to restoration project, and what this process looks like within New York City.

Seed Track

Saving Seeds in the City / Skylight Conference Room (9th Floor)

In this session you will hear from people involved in some community seed saving and sharing projects across the city. We will share about what it looks like to save seeds and share them across community growing spaces, whether that is through seed libraries or other methods, and how different parts of the process look and feel.

In the second half of the session, we will discuss altogether what seed saving will look like for us in the city this coming season, and we invite others to share what it will look like for you as well, if you have a seed saving project or just intentions to save seeds. We will also share opportunities to get involved. If you are a seed saver, please come join us!

Panelists:

- lex barlowe (Seedkeeper)
- Renee Keitt (Farmer and Seedkeeper—Chenchita's Garden, Lydia's Magic Garden, La Finca del Sur, New Roots, Kelly Street Garden, and Seeds to Soil)
- Alexx Cáceres (Urban Farmer—East New York Farms!)
- DK Kinard (Urban Agriculturalist, Culinary Instructor, and Food Advocate - New Roots Community Farm)

Soil and Composting

Food, Composting, and the Human Gut / 8203

Kimberlie Wilson, DACM (Jing Essence Acupuncture) and QiHui Jin, MSAC (The Force Acupuncture)

The dynamics of composting are both similar to and interdependent upon human digestion. Dr. Wilson and Mr. Jin view this interdependency in a holistic approach from the lens of Chinese medicine. The quality of compost produced creates nutrient-rich plants, which then support the physical and mental health of the human body directly due to the phenomenon known as the gut-brain connection. In this presentation, we are going to discuss the similarities between composting, fermentation, and the human digestive system, and how composting relates to our internal and external environments.

HotBox Composting / 6496

Nando Rodriguez (HotBox Composting)

The HotBox is a composting system designed in New York City that has been thriving in a few community gardens for over 30 years and counting. Our system has little to no maintenance and has proven to keep rats out. Learn about how these systems work and which materials work best.

Programa

Registro	8:15 a.m.–9:15 a.m.	Nivel C
Desayuno	8:15 a.m.–9:15 a.m.	Nivel C
Ceremonia de apertura	9:15 a.m.–10:15 a.m.	Proshansky Auditorium (Nivel C)
Ceremonia de apertura en español	9:15 a.m.–10:15 a.m.	Parte Trasera del Proshansky Auditorium (Nivel C)

- **Bienvenida:** Carlos Martinez, Director, NYC Parks GreenThumb
- **Observaciones:** Karina Smith, Assistant Commissioner, NYC Parks
Iris Rodriguez-Rosa, First Deputy Commissioner, NYC Parks
- **Inauguración y Reconocimiento de la Tierra:** Sue Donoghue, Commissioner, NYC Parks
- **Discurso principal:** Chief Vincent Mann, Ramapough Lenape Nation
- **Ganador del concurso de diseño de camisetas:** Natasha Osadcija

Sesión 1 del taller	10:30 a.m.–mediodía	Nivel C (pisos 5, 6, 8 y 9)
Almuerzo	Mediodía–1:00 p.m.	Nivel C
Sesión 2 del taller	1:00 p.m.–2:30 p.m.	Nivel C (pisos 5, 6, 8 y 9)
Sesión 3 del taller	2:45 p.m.–4:15 p.m.	Nivel C (pisos 5, 6, 8 y 9)
Expositores/Intercambio de contactos	10:30 a.m.–3:00 p.m.	Cafetería (piso 8)
Entrega de camisetas	11:45 a.m.–3:30 p.m.	Segal Theater (Primer piso)

CUNY Graduate Center Room Guide

Proshansky Auditorium, Rooms C201–C205, Registration	Nivel C
Segal Theater, Recital Hall	Piso 1
Rooms 5382, 5383, 5417	Piso 5
Rooms 6417, 6421, 6494, 6496, 6596	Piso 6
Baños de ocupación individual y de género neutral	Piso 7
Dining Commons, Rooms 8203, 8400, 8402	Piso 8
Rooms 9205–9207, Skylight Conference Room	Piso 9

Obtenga un intérprete para cualquier taller

Pase por la mesa de registro para pedir un intérprete de español que lo acompañe a cualquier taller de su elección!

Inaguración del Consejo de Liderazgo Juvenil de GreenThumb

Jóvenes y líderes de jardines que participan en este año del Consejo de Liderazgo Juvenil de GreenThumb son invitados a compartir juntos para inaugurar la temporada de jardinería

Desayuno	8:15 a.m.–9:15 a.m.	Traiga su desayuno al salón C201
Almuerzo	Mediodía–1:00 p.m.	Traiga su almuerzo al salón C201

Dónde Comer

El pasillo del vestíbulo y las aulas en el Nivel C (C202-205) estarán abiertos durante la hora de almorzar. La mayoría de las otras aulas de conferencias en los pisos 6 y 8 también estarán abierto para el almuerzo. Por favor sea considerado con los facilitadores cuando están preparando los talleres, y por favor tire toda la basura para que las aulas estén limpias y listas para la próxima sesión.

Lunchtime Activities

- Visite el área de conexiones en el Salón Comedor en el 8o piso
- Recoge tu camiseta de la conferencia en el Teatro Segal en el 1er piso (disponible hasta las 15:30 horas)
- Atienda la Charla del Día Internacional de Jardinería Guerrillera de Girasoles en C202

Salón de Meditación y Oración

Salón 9201 (piso 9o) está disponible para la oración y meditación. Por favor sea respetuoso de este espacio y no utilice para conversaciones privadas, llamadas telefónicas, comer, etc.

Salon para la Lactancia

Si necesita un espacio privado para extraer leche materna o amamantar, por favor diríjase a la mesa de registro de facilitadores de talleres en el primer piso cerca al auditorio y nosotros facilitaremos acceso.

Mesa de GreenThumb

Pase por la Mesa de GreenThumb en el área de conexiones (Salón Comedor, Piso 8o), donde puede hablar con un Coordinador Comunitario para responder a sus preguntas. Usted también puede:

- Regístrese para organizar eventos para el Open Garden NYC (sábado, Junio 3 y domingo, Junio 4)
- Vea los archivos digitales parte de los 45 años de historia de GreenThumb

#GTGT2023

Síganos en las redes sociales para enterarse acerca de los talleres, eventos, y noticias de GreenThumb. Comparta su día en la 39a Conferencia Anual de GrowTogether de GreenThumb en las redes sociales y utilice el #GTGT2023.



Instagram
@GreenThumbNYC



Facebook
@GreenThumbNYC



YouTube
@GreenThumbNYC



Twitter
@NYCGreenThumb

Mensaje de Bienvenida de Carlos Martinez, Director, NYC Parks GreenThumb



¡En nombre de todo el equipo de NYC Parks GreenThumb, bienvenidos a la 39a Conferencia Anual de GrowTogether de GreenThumb! Los jardineros comunitarios, protectores de la tierra, y organizaciones ambientales de todos los rincones de la Ciudad de Nueva York han estado reuniéndose cada primavera en el GrowTogether desde 1984 para celebrar el inicio de la temporada de jardinería con un día de aprendizaje, conexiones, y reuniones con amigos y colegas.

Por más de cuatro décadas, los jardineros comunitarios de todos los ámbitos de la sociedad han revitalizado barrios y fortalecido comunidades a lo largo de la ciudad. Este año marca el 45 aniversario en lo que se ha convertido en el programa de jardinería comunitaria más grande del país, sustentando una red de más de 550 jardines y más de 20,000 voluntarios cuidando colectivamente en conjunto 100 acres de espacios abiertos. GreenThumb se enorgullece en colaborar con todos ustedes al cultivar una ciudad más habitable.

El tema del GrowTogether de este año es “Aprendiendo de la Tierra: Generosidades de Sabiduría de los Jardines Comunitarios”. Profundamente arraigados en nuestro paisaje urbano, los jardines comunitarios son infraestructura social y ambiental esenciales – desde reducir el efecto de la isla de calor urbano, ofrecer servicios ecosistémicos, y aumentar la retención de aguas pluviales hasta el fortalecimiento de la participación cívica y la construcción comunitaria. Al enfrentarnos a una emergencia climática, el tiempo es el indicado para continuar aprendiendo de estos oasis urbanos y de los guerreros de la tierra dedicados a su protección.

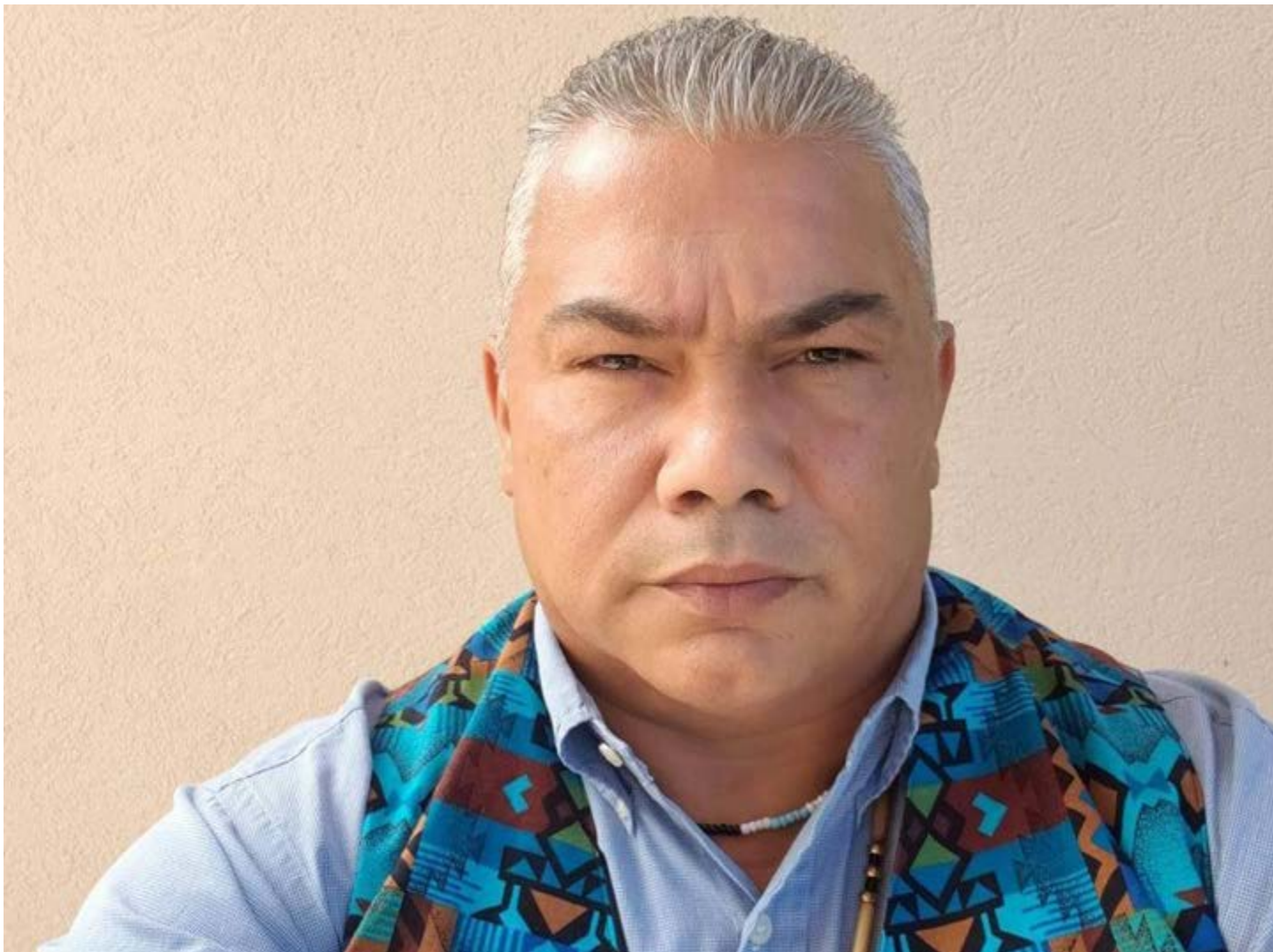
En los últimos años, transicionamos a una programación híbrida llegando a audiencias nuevas, pero estamos emocionados que nos acompañen de nuevo en persona para la Conferencia GrowTogether. Al disfrutar este día entero lleno de expertos, talleres, actividades prácticas y oportunidades de conexión, por favor tome un momento para saludar y reconectar con el personal de GreenThumb y déjenos saber cómo podemos continuar apoyando la jardinería comunitaria y el cuidado ambiental en su barrio.

Esperamos que pasen un tiempo maravilloso en el GrowTogether, y les deseamos otra temporada de jardinería muy provechosa – apreciamos sus contribuciones invaluable a nuestra ciudad.

En solidaridad,

Carlos Martinez
Director, NYC Parks GreenThumb

Discurso principal: Jefe Vincent Mann



El Jefe Man es el Jefe del Clan Tortuga de la Nación Ramapough Lenape, que abarca el Condado de Passaic NJ, Warwick y las áreas circundantes en Nueva York. Ha estado al frente del movimiento de justicia ambiental de Nueva Jersey, donde ha trabajado para proteger el suministro de agua de 4 millones de personas y ha defendido a la comunidad que vive muy cerca del sitio del superfondo de las minas Ringwood. También está trabajando en la creación conjunta de una granja orgánica, conocida como Jardín Medicinal de las Tres Hermanas de Munsee, para crear empleos locales y, lo que es más importante, para devolver la soberanía alimentaria a su Clan.

Foto cortesía de sas.n.rutgers.edu/jefe-vincent-mann

A Simple Vista

	Sesión 1 del taller 10:30 a.m.–Mediodía
Paneles destacados	Aprenda de la tierra: la sabiduría de los jardineros de la comunidad / Proshansky Auditorium (Nivel C)
Proyección de películas	City Famers / Recital Hall (Primer piso)
Arte en el jardín	Aeróbico vs Anaeróbico: maneras de ver el color azul / 9205 Cree su propio papel hecho a mano / C203 Haga su propia prensa de flores / 6421
Fomentando la participación de la comunidad	Meditación en el jardín / 8203 Jardines como centros de la comunidad / 6417 Haga mapas verdes para organiza y activar a su comunidad / 8402 Same/Mismo/Menm: Técnicas para traducir palabras útiles en el jardín de la comunidad / C202
Jardinería y horticultura	Cultive por medio de esquejes / 5383 Riego del jardín de la comunidad / 5382 Ciclos vitales de los segmentados e infames / 6496 Maravillas vegetales de la diáspora africana / C201 El cuidado de los árboles de la calle es cuidado de la comunidad: cómo pueden ayudar los jardineros de la comunidad a cuidar los árboles de la cuadra / 6494 Crianza urbana de pollos / 6495
Haga cosas con plantas y hierbas de cocina	Laboratorio botánico para la piel / 9207 Encurtidos para la gente / C205 Las virtudes de la artemisa / 9206
Camino de la semilla	Restauración de plantas nativas en New York City: un esfuerzo de la comunidad / C204
Seed Track	Intercambio de semillas y círculo de historias / Skylight Conference Room (9º Piso)
Suelo y compostaje	El compostaje como reciprocidad / 8400 Seguridad del suelo en un bosque de comida / 5417

	Sesión 2 del taller 1 p.m.–2:30 p.m.	Sesión 3 del taller 2:45 p.m.–4:15 p.m.
Paneles destacados	Leyendas del jardín: aprenda todos los detalles con los jardineros de la comunidad que hicieron crecer un movimiento / Proshansky Auditorium (Nivel C)	Jardinería en la era del cambio climático / Proshansky Auditorium (Nivel C) Cómo hacer las cosas: construya una agricultura urbana equitativa y sólida para la Ciudad de Nueva York / Recital Hall (Primer piso)
Proyección de películas	Green Streets / Recital Hall (Primer piso)	
Arte en el jardín	Writing from the Land / 8402	El diario de la naturaleza hecho a mano / 5382
Fomentando la participación de la comunidad	Financiación colectiva y colaboración: 7 años de crecimiento de la comunidad en los espacios verdes de la Ciudad de Nueva York / 6417 Principios del diseño de jardines para apoyar el aprendizaje del estudiante / C205 Del jardín a la granja, camino y apoyo / 6494 Planifique eventos artísticos en los jardines de la comunidad / C201 Desarrollo positivo de los jóvenes en los jardines de la comunidad: establezca vínculos intergeneracionales / 8400	Reunión de jardineros del Bronx / C201 Reunión de jardineros de Brooklyn / C205 Reunión de jardineros de Manhattan / C203 Reunión de jardineros de Queens / C204 Reunión de jardineros de Staten Island / C202 Cree un jardín accesible durante la pandemia: lecciones para el futuro / 6421 Fomentando a los líderes: desarrolle y mantenga un liderazgo nuevo en el jardín de la comunidad / 6417 Incluya a los jóvenes en los jardines / 8402 Encuentre a su gente: cree una comunidad con los voluntarios / 8400 Use iNaturalist para fomentar el buen manejo de fondos de la administración colectiva, “respetar” las malezas y crear mejores los jardines / 6494
Jardinería y horticultura	Cultive sus propios hongos en casa (o en el jardín) / C204 Aprendiendo a exterminar ratas (Rat Academy): ¡Mantenga a las ratas alejadas de su jardín! / 6495 El mundo del tomate (Tomato Heaven) / 5383	Altibajos de los túneles altos y bajos / 6495
Haga cosas con plantas y hierbas de cocina	Cree su propio vaporizador de menta para la ducha / C202 Cómo hacer jabón desde cero con hierbas de cocina cultivadas en el jardín / 9207 El despertar de la primavera con la herbología biorregional / 9206 Apóyese en el movimiento de la primavera con ayuda de las plantas / C203 El buffet de la naturaleza: recetas para micro y macroorganismos (3 HORAS) / 9205 La naturaleza en una taza de té / 8203	Hierbas de cocina para aliviar el estrés: edición para jardineros / 5383 Introducción a la Herbología / 9207 Fabricación de jabón 101 / 9206
Camino de la semilla	Diseño y desarrolle su jardín para crear un hábitat de polinizadores con Butterfly Project NYC / 6496	Producción de semillas nativas en la Ciudad de Nueva York con el Greenbelt Native Plant Center / 5417
Seed Track	Conservación de semillas 101: para el presente emergente / Skylight Conference Room (9º Piso)	Conservando Semillas en la Ciudad / Skylight Conference Room (9º Piso)
Suelo y compostaje	Suelos construidos para la agricultura urbana y más allá / 5417 Compostaje en la acera / 5382 Cave en la vermicompostación / 6421	Comida, compostación e intestino humano / 8203 Compostación HotBox / 6496

Upcoming Events

Make sure to mark your calendar for these fun events happening later this year.

6th Annual Open Garden NYC

Multiple Community Gardens Citywide

June 3 and 4

We are seeking community gardens across the city to participate in Open Garden NYC by opening their gates to the public on Saturday, June 3 and/or 4 (rain or shine)!

Your garden group can join by hosting a free activity or event for the public to enjoy. Activities can include arts and crafts, musical performances, composting, planting, or a food demonstration—feel free to suggest your own activity.

If you would like to participate, please fill out the form at bit.ly/OpenGardenNYC2023. To receive an Open Garden NYC banner for your garden gate, sign up by Monday, April 17. Gardens can sign up until Friday, May 19, to receive support with advertising their event on GreenThumb's social media and website. Groups are still welcome to sign up after these dates; however, promotional support is not guaranteed.

44th Annual GreenThumb Harvest Fair

El Jardin del Paraiso

710 East Fifth Street, New York, NY

September 23

Mark your calendars for our Harvest Fair on Saturday, Sept. 23, at El Jardin del Paraiso! Join GreenThumb community gardeners in celebrating the start of fall with a fun-filled day of activities for all.

As garden season begins, please keep our annual GreenThumb Harvest Fair Competition in mind. You can enter vegetables, flowers, fruit, and herbs to this year's competition. Remember to take photos of what you grow earlier in the season, because it is also eligible to be entered into the competition in the fall.

NYC Parks GreenThumb's 45th Anniversary

GreenThumb is celebrating our 45th anniversary throughout 2023! The 39th annual GreenThumb GrowTogether Conference kicks off the community gardening season and this special year with the theme *Learning from the Land: Bounties of Wisdom from Community Gardens*. Check our website and social media for more information and special activities for our 45th anniversary.

Próximos Eventos

Asegúrese de anotar en su calendario estos eventos divertidos que se realizarán este año.

6º Evento Anual Open Garden NYC

Varios Jardines Comunitarios en Toda la Ciudad

3 y 4 de junio

Estamos buscando jardines comunitarios en la ciudad para que participen en el evento Open Garden NYC. Los jardines deberán abrir sus puertas al público el sábado 3 y 4 domingo de junio (sin importar el clima).

Su grupo de jardinería puede participar organizando una actividad o evento gratuito para el público. Las actividades pueden incluir arte y artesanías, presentaciones musicales, compost, siembra, una demostración de comida o cualquier actividad que le gustaría realizar.

Si su grupo desea participar, complete el formulario en bit.ly/OpenGardenNYC2023. Para recibir un cartel de Open Garden NYC para la puerta de su jardín, regístrese antes del lunes 17 de abril. Los jardines pueden registrarse hasta el viernes 19 de mayo para recibir apoyo con la publicidad de su evento en las redes sociales y el sitio web de GreenThumb. Los grupos aún pueden registrarse después de estas fechas, sin embargo, no se garantiza el apoyo promocional.

44.ª Feria Anual de la Cosecha

El Jardín del Paraíso

710 East Fifth Street, New York, NY

Septiembre 23

¡Marque sus calendarios para nuestra feria de la cosecha el sábado 23 de septiembre! ¡Únase a los jardineros de la comunidad de GreenThumb para celebrar el comienzo del otoño con un día lleno de actividades divertidas para todos!

Sus verduras, flores, frutas y hierbas pueden entrar a la competencia de este año. Recuerde tomar fotos de lo que cultiva al principio de la temporada, porque también es elegible para participar en la competencia en el otoño.

NYC Parks GreenThumb 45º Aniversario

GreenThumb está celebrando su 45º aniversario a lo largo de 2023. La 39ª Conferencia GrowTogether el día 1 de abril da inicio a la temporada de jardinería comunitaria y este año especial con el tema *Aprendiendo de la Tierra: Generosidades de Sabiduría de los Jardines Comunitarios*. Consulta nuestro sitio web y redes sociales para más información y actividades especiales por nuestro 45º aniversario.



Attendees learning together during the 1996 GreenThumb GrowTogether Conference at Norman Thomas High School in Manhattan.