Become a lifeguard this summer!

Keep New Yorkers safe at NYC Parks beaches and pools in 2018!

Every summer, dedicated lifeguards help to protect the millions of visitors to New York City's eight beaches and 53 outdoor pools.

Lifeguarding gives people the opportunity to work in a rewarding and challenging environment during the busy summer months. It requires split-second decision making that could mean the difference between life and death and helps develop valuable skills—a strong work ethic, teamwork, leadership and communication—that will last a lifetime in any profession. Help build on the exemplary safety record our lifeguards have set over the years.

THE BASICS

Our beaches open on Memorial Day weekend, and pools open in late June; both close the Sunday after Labor Day. Lifeguards work 48 hours each week and first-year lifeguards earn a minimum of $15 an hour, for a weekly salary of about $720.

To qualify for the training you must:

- Be able to swim 50 yards in 35 seconds with proper form.

- Have a minimum of 20/30 vision in one eye and 20/40 in the other without corrective lenses.

- Be 16 or older when the position begins.

You will need to provide a certificate of good health on doctor's stationery. You must successfully complete 40 hours of training, CPR and First Aid courses and pass written, swimming and skills tests to become certified as a New York City lifeguard. After completing the course and passing the final exam and background check, lifeguards will be paid for time spent in training once they begin working as a lifeguard. Conditioning classes will also be available for individuals who need some help strengthening their swimming skills. Candidates will be issued a pass that will allow them to practice at any of the City's indoor pools.

SIGN UP NOW FOR A GREAT SUMMER JOB

Visit nyc.gov/parks/lifeguards or call 311 for more information and come to one of our training locations to be tested. All you need is a bathing suit, towel, lock, and photo ID. Goggles are optional.

NYC Parks