



VOLUNTEER PROGRAM RELEASE AND WAIVER

I, _____, am volunteering with the City of New York (“City”) acting by and through the New York City Department of Parks & Recreation (“Parks”). When I am participating in this volunteer program, I agree to cooperate promptly and fully with all directions of Parks’ personnel. I agree to follow all of Parks’ Rules and Regulations, and all applicable City, State, and Federal laws, rules, and regulations. I understand that my failure to behave appropriately may result in being prohibited from further participating in this or other Parks volunteer programs.

I understand the nature of the activities that I will be involved in, including, participating in the various types of activities hosted by Parks, including, but not limited to:

- **Horticulture:** mulch, rake, weed, and/or plant garden and tree beds; using Parks’ approved tools (may include, trowels, shovels, rakes, wheelbarrows, loppers, hand pruners, etc.)
- **Painting:** paint benches, fencing, park houses, and/or other park fixtures; using latex or oil-based paint and other painting tools (scrapers, rollers, paint mitts, extension poles, etc.)
- **General Clean-up:** debris removal or beach clean-up; using Parks approved tools (may include, shovels, rakes, grabbers, wheelbarrows, etc.)

I represent that I am physically fit and that I do not have a medical condition that would restrict me from participating in these types of physical activities. I acknowledge that there are risks associated with physical activities of this nature, including the risks of serious bodily injury and death, and I hereby assume all dangers and risks associated therewith.

I understand that I am responsible for my own behavior and agree that I will only perform tasks that I feel comfortable and safe doing, and that I am medically and physically capable of doing. I also understand it is my responsibility to safely travel to and from the volunteer site and shall not hold Parks responsible for any injury I might sustain as a result of my travel to and from the volunteer site. In the event that I am transported by a Parks’ vehicle to a volunteer site, I agree to wear my seatbelt and follow all recommended safety precautions.

I understand that the City will not cover any medical expenses due to injury received through my participation in this volunteer program. In partial consideration of my acceptance as a participant in this volunteer program, I hereby agree to waive all claims I have or may have against the City, in relation to volunteer programs, and agree to release and hold harmless the City, along with their respective employees, agents, affiliates, sponsors or other representatives, from any and all claims for any and all expenses, personal injury, loss, or damages incurred during or in connection to my participating in this volunteer program.

I represent that I am at least 18 years of age.

Volunteer Signature: _____ Date: _____

Volunteer Name (print): _____

Address: _____

Phone: _____ Email: _____

Emergency Contact: _____ Phone: _____