

MON/THUR	Pool 1		Pool 2	Pool 3	
	Lanes 1-4	Lanes 5-8	Lanes 1-10	Lanes 1-3	Lanes 4-6
6:00-7:00	Members Open Swim	General Open Swim	Lap Swim	Open for Rental	Open for Rental
7:00-8:00	Closed for Transition	Senior Walking (55 +)		Open for Rental	Open for Rental
8:00-8:30	Members Open Swim	General Open Swim		Open for Rental	Open for Rental
8:30-9:00	Closed for Transition	Mommy & Me		Open for Rental	Open for Rental
9:00-10:00	Swim to Safety	Senior Aerobics		Open for Rental	Open for Rental
10:00-10:30	Swim to Safety	Aqua Exploration		Open for Rental	Open for Rental
10:30-11:00	Senior Open			Open for Rental	Open for Rental
11:00-12:00	Members Open Swim			Open for Rental	Open for Rental
12:00-1:00	Closed for Transition			Open for Rental	Open for Rental
1:00-2:00	Members Open Swim			Child Swim Lessons Advanced	Open for Rental
2:00-3:00	Closed for Transition			Child Swim Lessons Advanced	Child Swim Lessons Intermediate
3:00-4:00	Members Open Swim	Child Swim Lessons Beginner		Child Swim Lessons Intermediate	Child Swim Lessons Intermediate
4:00-5:00	Closed for Transition	Child Swim Lessons Beginner		Child Swim Lessons Advanced	
5:00-5:30	Members Open Swim	Child Swim Lessons Beginner		Child Swim Lessons Advanced	Child Swim Lessons Intermediate
5:30-6:00	Closed for Transition	Child Swim Lessons Beginner		Child Swim Lessons Intermediate	Child Swim Lessons Intermediate
6:00-7:00	Members Open Swim				
7:00-7:30	Closed for Transition				
7:30-8:00	Members Open Swim				
8:00-9:00	Closed for Transition				
9:00-10:00	Members Open Swim				
TUE/FRI	Pool 1		Pool 2	Pool 3	
	Lanes 1-4	Lanes 5-8	Lanes 1-10	Lanes 1-6	Lanes 4-6
6:00-7:00	Members Open Swim	General Open Swim	Lap Swim	Open for Rental	Open for Rental
7:00-8:00	Closed for Transition	Senior Walking (55 +)		Open for Rental	Open for Rental
8:00-8:30	Members Open Swim	General Open Swim		Open for Rental	Open for Rental
8:30-9:00	Closed for Transition			Open for Rental	Open for Rental
9:00-10:00	Members Open Swim			Open for Rental	Open for Rental
10:00-10:30	Closed for Transition			Open for Rental	Open for Rental
10:30-11:00	Senior Open			Open for Rental	Open for Rental
11:00-12:00	Members Open Swim	Open for Rental		Open for Rental	Open for Rental
12:00-1:00	Closed for Transition	Open for Rental		Open for Rental	Open for Rental
1:00-2:00	Members Open Swim	Open for Rental		Open for Rental	Open for Rental
2:00-2:30	Closed for Transition	Open for Rental		Open for Rental	Open for Rental
2:30-3:00	Members Open Swim	Open for Rental		Open for Rental	Open for Rental
3:00-4:00	Closed for Transition	Open for Rental		Adult Swim Lessons Advanced	Open for Rental
4:00-4:30	Members Open Swim	Open for Rental		Adult Swim Lessons Advanced	Adult Swim Lessons Intermediate
4:30-5:00	Closed for Transition	Open for Rental		Open for Rental	Open for Rental
5:00-6:00	Members Open Swim	Adult Swim Lessons Beginners		Adult Swim Lessons Advanced	Adult Swim Lessons Advanced
6:00-7:00	Closed for Transition	Adult Swim Lessons Beginners		Adult Swim Lessons Advanced	Adult Swim Lessons Advanced
7:00-7:30	Members Open Swim	Adult Swim Lessons Beginners		Adult Swim Lessons Advanced	Adult Swim Lessons Advanced
7:30-8:00	Closed for Transition	Adult Swim Lessons Beginners		Adult Swim Lessons Intermediate	Adult Swim Lessons Intermediate
8:00-9:00	Members Open Swim				
9:00-10:00	Closed for Transition				
WED	Pool 1		Pool 2	Pool 3	
	Lanes 1-4	Lanes 5-8	Lanes 1-10	Lanes 1-6	Lanes 4-6
6:00-7:00	Members Open Swim	General Open Swim	Lap Swim	Open for Rental	Open for Rental
7:00-8:00	Closed for Transition	Senior Walking (55 +)		Open for Rental	Open for Rental
8:00-8:30	Members Open Swim			Open for Rental	Open for Rental
8:30-9:00	Closed for Transition				

9:00-10:00	Members Open Swim	General Open Swim	Lap Swim	Open for Rental	Open for Rental
10:00-10:30				Open for Rental	Open for Rental
10:30-11:00	Closed for Transition			Open for Rental	Open for Rental
11:00-12:00	Senior Open			Open for Rental	Open for Rental
12:00-1:00	Open Swim For Members			Open for Rental	Open for Rental
1:00-2:00				Open for Rental	Open for Rental
2:00-2:30	Closed for Transition			Open for Rental	Open for Rental
2:30-3:00	Open Swim For Members			Open for Rental	Open for Rental
3:00-4:00				Open for Rental	Open for Rental
4:00-4:30	Closed for Transition			Adult Swim Lessons Advanced	Open for Rental
4:30-5:00	Open Swim For Members			Adult Swim Lessons Advanced	Adult Swim Lessons Intermediate
5:00-6:00	Closed for Transition	Adult Swim Lessons Beginners		Adult Swim Lessons Advanced	Adult Swim Lessons Advanced
6:00-7:00	Open Swim For Members	Adult Swim Lessons Beginners		Adult Swim Lessons Advanced	Adult Swim Lessons Advanced
7:00-7:30		Adult Swim Lessons Beginners		Adult Swim Lessons Intermediate	Adult Swim Lessons Intermediate
7:30-8:00					
8:00-9:00					
9:00-10:00					
SAT	Pool 1		Pool 2	Pool 3	
	Lanes 1-4	Lanes 5-8	Lanes 1-10	Lanes 1-6	Lanes 4-6
9:00-10:00	Private Lessons	Water Babies	Lap Swim	Child Swim Lessons Advanced	Child Swim Lessons Intermediate
10:00-11:00	Rio Swimming (1 lane only)	Tiny Tots		Child Swim Lessons Intermediate	Child Swim Lessons Intermediate
11:00-12:00		Private Lessons		Child Swim Lessons Advanced	Child Swim Lessons Advanced
12:00-1:00	Swim Instruction	Open Swim For Members Session A**		Child Swim Lessons Intermediate	Child Swim Lessons Intermediate
1:00-2:00	Swim Instruction			NY Xiang Hao Swimming Club	Child Swim Lessons Intermediate
2:00-2:30	Swim Instruction	Closed for Transition		Lap Swim	
2:30-3:00					
3:00-4:00	Open Swim For Members Session B**		Open for Rental	Open for Rental	
4:00-5:00	Closed for Transition		Adult Swim Lessons Advanced	Adult Swim Lessons Advanced	
5:00-5:30	Open Swim For Members Session C**		Adult Swim Lessons Advanced	Adult Swim Lessons Intermediate	
5:30-6:00		Child Swim Lessons Beginner	Adult Swim Lessons Advanced	Adult Swim Lessons Advanced	
6:00-7:00	Closed for Transition		Adult Swim Lessons Advanced	Adult Swim Lessons Intermediate	
7:00-7:30	Open Swim For Members Session D**	Child Swim Lessons Beginner	Adult Swim Lessons Intermediate	Adult Swim Lessons Intermediate	
7:30-8:00					
8:00-9:00					
9:00-10:00					
SUN	Pool 1		Pool 2	Pool 3	
	Lanes 1-4	Lanes 5-8	Lanes 1-10	Lanes 1-6	Lanes 4-6
9:00-10:00	Kayak Club	Swimming - Special Needs	Lap Swim	Child Swim Lessons Advanced	Child Swim Lessons Intermediate
10:00-11:00		Water Babies		Child Swim Lessons Intermediate	Child Swim Lessons Intermediate
11:00-12:00		Tiny Tots		Child Swim Lessons Advanced	Child Swim Lessons Advanced
12:00-1:00	Swim Instruction	Aqua Exploration		Child Swim Lessons Advanced	Child Swim Lessons Intermediate
1:00-2:00	Swim Instruction	RESERVED		Child Swim Lessons Intermediate	Child Swim Lessons Intermediate
2:00-3:00	Swim Instruction			Adult Swim Lessons Advanced	Adult Swim Lessons Advanced
3:00-4:00	Open Swim For Members Session A**		Adult Swim Lessons Advanced	Adult Swim Lessons Intermediate	
4:00-5:00			Adult Swim Lessons Intermediate	Adult Swim Lessons Intermediate	
5:00-6:00	Long Course Set Up				
6:00-7:00	Long Course - 50 Meter Lap Swim Only				
7:00-8:00					
NYC DPR Member Programs					

	Available for Rental Through USA Pools
	Fee Based USA Pools Programs

Must Register for Classes in Bold

**Due to high demand for admittance to Family Swim on weekends, please arrive at least one and a half hours before the start of your desired session to receive wristbands for guaranteed admittance. There is a limited number of wristbands available. When all wristbands are given out, the session will be considered closed, and no further admittance will be allowed.