

Mountain  
Bicycle Trail **WARNING!**

**USE THESE TRAILS AT YOUR OWN RISK!**

- Helmets and eye protection are **REQUIRED**.
- Full-faced helmets, pads and body armor are recommended on advanced sections.
- Serious injuries can occur even with precautions.
- Do not ride alone.
- Avoid using trails when wet or muddy.
- Use appropriate mountain bike with knobby tires, and obtain proper instruction.
- Ride in control and within your ability level.

**BY USING THIS AREA YOU ARE ASSUMING ALL RISKS FOR INJURIES AND/OR DAMAGES. YOU ARE RESPONSIBLE FOR YOUR OWN SAFETY.**



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**AREA DE CYCLISMO  
MOUNTAIN BIKE** **AVISO!**

**USAR ESTA AREA AL RIESGO SUYO!**

- Necesario usar casco y proteccion de ojo.
- Es recomendado usar proteccion de cuerpo en las area's avanzadas.
- Tener precaucione cuano monten.
- No monten solo's.
- Evitar usar los pasos cuando este mojados.
- Use appropriate mountain bike with knobby tires, and obtain proper instruction.
- Montar con control y a su nivel.

**USANDO ESTA AREA, USTE ASUME EL RIESGO DE PELIGO. USTED ES RESPONSABLE DE SU SEGURIDAD.**



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